



Anthony Quatrochi's Martial Arts Institute Class Schedule

*Private Lessons and Birthday Parties By
Schedule or Appointment*



Effective January 2025

This class satisfies the physical education requirement for home schooling

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sun	
AM Classes							
Martial Arts for Home Schoolers 10:15 AM - 11:15 AM					No Classes Private Lessons and Birthday Parties Available By Request	Pee Wees - All Levels 4 - 7 yrs 9:00 AM - 10:00 AM Juniors - All Levels 8 - 11 yrs 10:00 AM - 11:30 AM Adults - All Levels 12 & Up 11:30 AM - 1:00 PM	No Classes Private Lessons and Birthday Parties Available By Request
PM Classes							
Beginner Pee Wees 4 - 7 yrs 5:30 PM - 6:00 PM	Advanced Pee Wees 4 - 7 yrs 5:30 PM - 6:00 PM	Beginner Pee Wees 4 - 7 yrs 5:30 PM - 6:00 PM	Advanced Pee Wees 4 - 7 yrs 5:30 PM - 6:00 PM	No Classes Private Lessons and Birthday Parties Available By Request	No Classes Private Lessons and Birthday Parties Available By Request	No Classes Private Lessons and Birthday Parties Available By Request	
Beginner Juniors 8 - 11 yrs 6:00 PM - 7:00 PM	Advanced Juniors 8 - 11 yrs 6:00 PM - 7:00 PM	Beginner Juniors 8 - 11 yrs 6:00 PM - 7:00 PM	Advanced Juniors 8 - 11 yrs 6:00 PM - 7:00 PM	No Classes Private Lessons and Birthday Parties Available By Request	No Classes Private Lessons and Birthday Parties Available By Request	No Classes Private Lessons and Birthday Parties Available By Request	
Beginner Adults 12 & Up 7:00 PM - 8:30 PM	Advanced Adults 12 & Up 7:00 PM - 8:00 PM	Beginner Adults 12 & Up 7:00 PM - 8:30 PM	Advanced Adults 12 & Up 7:00 PM - 8:00 PM	No Classes Private Lessons and Birthday Parties Available By Request	No Classes Private Lessons and Birthday Parties Available By Request	No Classes Private Lessons and Birthday Parties Available By Request	
Invitation Only 8:00 PM - 8:30 PM	Invitation Only 8:00 PM - 8:30 PM	Invitation Only 8:00 PM - 8:30 PM	Invitation Only 8:00 PM - 8:30 PM	No Classes Private Lessons and Birthday Parties Available By Request	No Classes Private Lessons and Birthday Parties Available By Request	No Classes Private Lessons and Birthday Parties Available By Request	

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