



Shelly Gelfand Memorial Seminar

**Hosted by Anthony Quatrochi's Martial Arts Institute
1234 Route 9, Wappingers Falls, NY 12590**

Please join us on Sunday, September 20th, 2026 in a tribute training session dedicated to the memory of a Jujitsu instructor like no other.

Shelly Gelfand, one of the progenitors of the JMS Jujitsu system, passed away late in 2025. His unique approach to learning the martial arts led to the development of a special "street" style of Jujitsu emphasizing self-defense above all else, and at a cost that your opponent does not want to pay.

Taught by Shihan Anthony Quatrochi, one of Professor Shelly's longtime private students of over 30 years, this seminar provides an overview of Shelly's devastatingly effective moves, and will emphasize five distinct topics during the instructional time on the mat.

These topics are:

Essential Fundamental Footwork Empty Hands vs Knife Attacks

Empty Hands vs Stick Attacks Full-Body Strikes

and Professor Shelly's Interpretation of Classic Jujitsu Throws

The Seminar will run from 10 am to 4 pm with a break for lunch

\$100 per participant; register at aqkkij@gmail.com or 845-298-2177.